



The Congress-Bundestag Youth Exchange for Young Professionals (CBYX) is a fellowship funded by the German Bundestag and U.S. Department of State, that annually provides 75 American and 75 German young professionals, between the ages of 18½ - 24, the opportunity to spend one year in each other's countries, studying, interning, and living with hosts on a cultural immersion program. The program is open to candidates in all career fields who are interested in a year of cultural exchange.

The CBYX program is sponsored in the U.S. by the Department of State's Bureau of Educational and Cultural Affairs, under the authority of the Fulbright-Hays Act of 1961, as amended. The Department of State issues a grant to administer CBYX for Young Professionals to Cultural Vistas, a non-profit, 501(c)(3) organization headquartered in New York. Cultural Vistas has administered CBYX for Young Professionals for over 30 years, together with its German partner organization, the Deutsche Gesellschaft für Internationale Zusammenarbeit.

**Candidates for CBYX for Young Professionals must:**

- have U.S. citizenship or permanent residence
- be between 18 and 24 years of age at the start of the program
- possess a high school diploma
- exhibit clear career goals and some relevant experience in their career field (experience can be in the form of work, internships, or volunteering)
- have a strong interest in German and international affairs, as well as a strong sense of American identity
- be flexible, independent, and diplomatic

**The CBYX for Young Professionals program is a funded fellowship that covers basic living costs for all participants, including:**

- Round-trip international airfare from Washington, D.C. to Germany
- Language school costs for 2 months of intensive German language study
- Tuition costs for 4 months of study
- Housing costs for host family, apartment, or dormitory during pre-internship phases (program funding during internship depends on earnings)
- Monthly stipend to cover basic costs of living
- Program-related travel within Germany
- Health insurance in Germany

All applicants must complete an online application and submit all supplemental materials by December 1 for the program year beginning the following July. [Additional information is available on the CBYX website.](#)

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