

# CENTER FOR LIFELONG LEARNING

*Expanding minds across the Plateau*

FALL 2020



**Center for Lifelong Learning**

2567 Cook Road  
Crossville, TN 38571

<https://roanestate.edu/CLL>  
[centerforlifelonglearning2020@gmail.com](mailto:centerforlifelonglearning2020@gmail.com)

## INFORMATION ABOUT CLL

The Center for Lifelong Learning (CLL) was re-launched in Fall 2019 by founding members Judy Wade, Holly Hanson, and John Conrad. CLL seeks to provide an opportunity for all Cumberland County residents and visitors to experience a supportive, community-based environment which enriches the lives of adults, regardless of age, background, or educational level, through continued learning.

CLL is sponsored by Roane State Community College (RSCC). Typically, RSCC provides classrooms and administrative support to the program. **Due to the COVID-19 situation, Fall 2020 classes will be held at The Depot in downtown Crossville.**

CLL programs are designed to reflect the interests of the community, and may include classroom sessions, field work, local trips, or other activities. All presenters are volunteers who are particularly passionate about their subject matter and wish to share their knowledge and experience with others who are curious about the topic.

***We are actively seeking suggestions for future classes as well as volunteer presenters!***

CLL will hold three semesters per calendar year, each lasting approximately 8-12 weeks.

<u>Term</u>	<u>Begins</u>
Spring	February
Summer	June
Fall	October

- Classes are filled on a first-come, first-served basis.
- Due to limited class offerings and available seats, students may register for a MAXIMUM of three (3) classes in Fall 2020. Thank you for your cooperation.***
- Fall 2020 classes run October 5-November 16.
- Unless otherwise noted in the course description, all Fall 2020 classes will be held at The Depot, 169 N Main Street, Crossville, TN 38555.

For Fall 2020, CLL members will register for classes via our automated online registration system. Anyone can browse the class descriptions, but only users who have an account and have paid 2020 membership fees may register for a class(es).

**Returning students** who have paid the \$40 membership fee, but did not create an account in the summer must now create an account, send an email to CLL staff, then await confirmation from a CLL volunteer that the previous payment has been assigned in the new system. The following page has detailed instructions.

**New students** will be able to create an account, pay membership fees, and register for classes without waiting for a response from a CLL volunteer.

If you have any questions or problems email us at [centerforlifelonglearning2020@gmail.com](mailto:centerforlifelonglearning2020@gmail.com).

## REGISTRATION PROCEDURES FALL 2020

### To Open a New Account (Returning students who did not complete this step in Summer 2020)

- Go to <https://roanestate.edu/CLL> (type this directly in browser, not Google)
- Select “Registration and Class Listing”
- At top right of page, select “New User? Start Here”
- Select “Individual” in first field “Type?”
- Enter personal details, including Username and Password (at least 8 characters).  
**\*\*MAKE NOTE OF THESE, AS CLL DOES NOT HAVE ACCESS TO THIS INFORMATION\*\***
- After submitting the form, you should see a welcome message that your account has been created.
- Send an email to [centerforlifelonglearning2020@gmail.com](mailto:centerforlifelonglearning2020@gmail.com) letting us know you’ve created your account
- Wait until you receive an email from CLL confirming your membership before proceeding with class registration.

### To Open a New Account and Pay Your Membership Fee (New Students)

- Go to <https://roanestate.edu/CLL> (type this directly in browser, not Google)
- Select “Registration and Class Listing”
- Select “Membership”
- Select “2020/2021 Membership”
- Select “New user? Create an account now.”
- Enter personal details, including Username and Password (at least 8 characters).  
**\*\*MAKE NOTE OF THESE, AS CLL DOES NOT HAVE ACCESS TO THIS INFORMATION\*\***
- Follow the instructions to pay by credit card
- Proceed with class registration

### Class Registration (All paid members with a confirmed account)

- Go to <https://roanestate.edu/CLL> (type this directly in browser, not Google)
- Select “Registration and Class Listing”
- Log in to your account
- Select the semester and the category (or “Any” to see all classes)
- Click on the class title to see the class description.
- Click on the Register button to register for any class.

**Online registration is scheduled to open September 15, 2020.**

**Due to the ever-changing COVID-19 situation, all classes are subject to change. Visit the online catalog at <https://roanestate.edu/CLL> for the latest information. Check your email before leaving home for any class.**

## IMPORTANT INFORMATION FOR FALL 2020

Unless otherwise noted in the course description,  
all Fall 2020 classes will be held at

The Depot  
169 N Main Street  
Crossville, TN 38555

Parking (including handicapped space) is available in the lot in front of The Depot on Main Street. There is additional parking in the lot behind the building, accessed via North Street. Street parking may also be available, but be aware of restricted spaces.

***Enter the meeting room through the marked door at the back of the building.***



### **In Response to COVID-19:**

All students will be required to wear face masks throughout the entirety of each class. Non-compliance will result in cancellation of the class.

Seating will be arranged so that social distance is maintained.

The meeting room—including tables, chairs, and high-touch surfaces—will be disinfected before each class.

***Thank you for your cooperation.***

# CONTENTS

**Art & Culture**

1010: Creating a Season of Live Theater\*\* .....6

**Cooking**

2506: Lettuce Make Salads and Dress Them Properly.....7  
 2507: Healthy, Delicious Fish and Its Sauces.....7  
 2508: Sheet Pan Dinners.....8

**History**

3021: Lifelong Resident of Cumberland County Shares Its History....8  
 3022: A Common Soldier in the American Civil War.....9  
 3026: Walk and Talk the History of Pleasant Hill\*\*.....9  
 3028: 10 Homes that Changed America.....10  
 3031: The Roaring 20s.....11

**Life Experiences and Skills**

3501: Dogs That Serve.....12  
 3520: Standing Tall – Life Skills Using Horse Sense\*\*.....13

**Medicine and Health**

4501: A New Map of Life.....14  
 4502: Vitality: Today’s Fountain of Youth.....15  
 4504: Hometown Hospice 101.....15

**Outdoor Adventures**

5262: Waterfalls and Other Secrets of the Cumberland Plateau.....16

**Science and Technology**

6532: Hurricanes 101.....17  
 6533: Significant Winter Storms of the Upper Cumberlands.....17

**Social Science and Economics**

7001: Intro to the Criminal Justice System .....18

**\*\*Class held in alternate location**

*Due to limited class offerings and available seats, students may register for a MAXIMUM of three (3) classes in Fall 2020. Thank you for your cooperation.*

## \*\*\*IMPORTANT NOTICE\*\*\*

*At the time of publication, all class information is correct.*

While we are hopeful that we can offer the full slate of classes outlined in this catalog, the ever-changing COVID-19 situation means we cannot guarantee that all classes will proceed as planned. We will follow state and local guidance in the coming months to ensure the safety of our members and volunteers.

Class information will NOT be updated in this catalog, but WILL be kept current in the online listing at <https://roanestate.edu/CLL>

Thank you for your patience and understanding.

## ART & CULTURE

### 1010 Creating a Season of Live Theater



Each year, patrons of The Cumberland County Playhouse eagerly wait to hear our season announcement. With a half-century of successful programming, a reputation for quality, and a mission to uphold, choosing a diverse twelve-month lineup of musicals, plays, concerts, and special events is no simple task. Many would be surprised to learn that months of planning go into this, and that the season's final line-up is a result of artistic vision, instinct, economics, risk-taking, data analysis, compromise, and much more. Come and get an

inside perspective with Producing Director Bryce McDonald, as he shares the secrets of the composition of a season at CCP.

*After ten years in NYC, Producing Director Bryce McDonald is proud to have worked on Broadway and Off-Broadway with Roundabout Theatre Company, Lincoln Center Theater, Manhattan Theatre Club, Second Stage, and Vineyard Theater. Selected CCP directorial credits include: **Ring of Fire, Shrek, Mamma Mia, The Addams Family, Million Dollar Quartet, Sister Act, The Hunchback of Notre Dame, and Sweeney Todd***

Five sessions: Mondays, October 19, 26, November 2, 9, 16

Cumberland County Playhouse, 221 Tennessee Ave., Crossville, TN 38555

Time: 10:00-11:30 a.m.

Class Size—Min: 6 Max: 20

### **REGISTRATION CONTINUES AFTER THE SEMESTER BEGINS**

You may register for a class after the semester has begun as long as that class has not yet reached its maximum capacity.

In general, registration for each class remains open until 5 days before the class's start date.

*Please do not show up to a class if you do not have a confirmed registration.*

**Due to the ever-changing COVID-19 situation, all classes are subject to change. Visit the online catalog at <https://roanestate.edu/CLL> for the latest information. Check your email before leaving home for any class.**

## -----COOKING-----

### 2506 Lettuce Make Salads and Dress Them Appropriately Materials fee: \$5.00



Ever wonder about what makes a “good” extra virgin olive oil? Do you really need 10 different kinds of vinegars in your pantry? What are the advantages of homemade vs. store bought salad dressings? It’s always a good time to explore new varieties of salads and the best dressings for them. Chef Kitty will cover all of this and even have time for some savory samplings.

*Kitty Philips grew up on a farm in north Florida. Her family has been in Florida since 1820. She learned her first culinary skills from her grandmother and has expanded on them since that time. Taking classes in Tuscany, Sicily, Sardinia, and Spain, she has honed her skills using fresh ingredients. She worked as a private chef, cooking for families in Palm Beach, FL, Martha’s Vineyard, and Mt. Desert, ME. She was the chef for a farm in south Florida, cooking farm-to-table dinners, working with many great chefs, and teaching classes at the farm. Since moving to Tennessee, she has taught many classes as part of the East Tennessee Gleaners Co-op. She believes in shopping local and eating local. Her motto is: Great ingredients simply prepared.*

**One session: Friday, October 9**  
**The Depot, 169 N Main St, Crossville**

**Time: 10:00-11:30 a.m.**  
**Class Size—Min: 6 Max: 20**

### 2507 Healthy, Delicious Fish and Its Sauces

**Materials fee: \$5.00**

Fish is considered one of the best meats for a healthy diet because of its omega-3 fatty acids, which can protect against cardiovascular disease. Fish is also rich in vitamin D, selenium, and protein. But what are the pros and cons of wild-caught vs. farmed? Which species of fish (swordfish and king mackerel vs. cod and salmon) are better for your diet and why? Once you choose a healthy variety of fish, how do you cook and embellish it to bring out its unique flavors and tantalize the taste buds? These are just some of the many questions that will be addressed in this informative and fun class where Chef Kitty will educate us on all things fish. The class will enjoy sampling some of her tastier suggestions at the end of the class.



*See bio for Kitty Philips above.*

**One session: Tuesday, October 6**  
**The Depot, 169 N Main St, Crossville**

**Time: 1:00-2:30 p.m.**  
**Class Size—Min: 6 Max: 20**

**Due to the ever-changing COVID-19 situation, all classes are subject to change. Visit the online catalog at <https://roanestate.edu/CLL> for the latest information. Check your email before leaving home for any class.**

**2508 Sheet Pan Dinners for the Discriminating Taste****Materials fee: \$5.00**

Who doesn't need less mess and less stress when preparing dinner? That doesn't mean you have to give up good taste. Chef Kitty will teach us how to select and prepare sheet pan dinners with protein, vegetables, and just the right flavorings for a delicious meal.

See bio for Kitty Philips on previous page.

**One session: Tuesday, October 27**  
**The Depot, 169 N Main St, Crossville**

**Time: 2:00-3:30 p.m.**  
**Class Size—Min: 6 Max: 20**

## -----*HISTORY*-----

**3021 A Lifelong Resident of Cumberland County Shares Its History**

A lifelong resident of Cumberland County, the presenter will talk about the early settlement of Cumberland County, the Cumberland County Homestead Project, the building of the Cumberland Mountain State Park, and Camp Crossville. Dressed as a frontiersman coming into the area, he will help us to see Cumberland County through the eyes of those early settlers coming to the area to find their fortune and build a new community.



*A graduate of Cumberland County High School, JC Davis achieved degrees from Freed Hardeman College, Harding College, and Tennessee Tech. He returned to Cumberland County HS as a teacher for 34 years and has been an adjunct professor at Roane State Community College for 30 years, primarily as a history teacher. JC and his wife of 41 years have traveled to many historical sites all over America, collecting stories and historical artifacts. He has used this experience in many historical reenactments and community activities including Pioneer Day.*

**One session: Thursday, October 8**  
**The Depot, 169 N Main St, Crossville**

**Time: 12:00-2:00 p.m.**  
**Class Size—Min: 6 Max: 20**

**Due to the ever-changing COVID-19 situation, all classes are subject to change. Visit the online catalog at <https://roanestate.edu/CLL> for the latest information. Check your email before leaving home for any class.**

## 3022 A Common Soldier in the American Civil War



Dressed in period costume, this entertaining and informative presenter will explain the common soldier in the American Civil War. The discussion will include, but not be limited to, who the soldiers were, their clothing, weapons, food, and medicine. The main focus will be what daily life was like for the soldiers.

*See bio for JC Davis on previous page.*

**One session: Thursday, October 15**  
The Depot, 169 N Main St, Crossville

**Time: 1:00-3:00 p.m.**  
**Class Size—Min: 6 Max: 20**

## 3026 Walk and Talk the History of Pleasant Hill



Explore Pleasant Hill's rich history with a visit to Pioneer Hall Museum, opened as a dorm for Pleasant Hill Academy in 1889, and the first building in Cumberland County to be listed on the National Register of Historic Places. The years and the influence of Pleasant Hill Academy (1884-1947) and the pioneering medical work of Dr. May Cravath Wharton, the Doctor Woman of the Cumberlands, intertwine to create interesting local history. The first session will be held at the museum; the second session will be a walking/driving tour of places of historical interest in Pleasant Hill.

*Sharon Weible is the volunteer curator for Pioneer Hall Museum in Pleasant Hill. She graduated from Washington University in St. Louis with an English major, but her 30 years in Gettysburg, PA, sparked her interest in local history. Fifteen years as a resident of Pleasant Hill has strengthened that interest. The threads of Pleasant Hill history run through this entire area. It's great fun to explore the legacy of the Pleasant Hill Academy and the medical work of Dr. May.*

**Two sessions: Fridays, October 16, 23**  
**Parking lot, Pioneer Hall Museum, E Main St, Pleasant Hill, TN 38578**

**Time: 10:00-11:30 a.m.**  
**Class Size—Min: 4 Max: 6**

Questions? Email [centerforlifelonglearning2020@gmail.com](mailto:centerforlifelonglearning2020@gmail.com)

**Due to the ever-changing COVID-19 situation, all classes are subject to change. Visit the online catalog at <https://roanestate.edu/CLL> for the latest information. Check your email before leaving home for any class.**

## 3028 10 Homes That Changed America



What is a home? What should a home be? What *can* a home be? Throughout history, the concept of "home" has been a fluid idea, explored and redefined by a long line of architectural problem solvers. A home provides shelter against the elements-and defense from potential enemies. It can express its occupants' values and ambitions, bring people together, and connect them with nature. The architects and homes featured here can inspire and inform us as we consider our own housing needs and desires as we face the housing challenges of the future.

The class will view a PBS video "10 Homes That Changed America" and then discuss the video. What does this architecture tell us about the time and the people for which it was built? Join us for an interactive discussion as we explore these famous and not-so-famous homes.

*Having spent her entire career in Information Technology, Judy Wade had to constantly learn new material as technology quickly changed. That was great because Judy's preferred career would have been to be a professional student. She enjoys exploring all the studies and research being done on the aging process and what the future might hold for the next generation.*

**One session: Wednesday, October 14**  
The Depot, 169 N Main St, Crossville

**Time: 10:00-11:30 a.m.**  
**Class Size—Min: 6 Max: 20**

If you find you are unable to attend a class for which you have registered, please sign into your CLL account and cancel your registration.

This will open up the seat for other interested students, and allow the presenter to plan accordingly.

*Thank you for your cooperation!*

**Due to the ever-changing COVID-19 situation, all classes are subject to change. Visit the online catalog at <https://roanestate.edu/CLL> for the latest information. Check your email before leaving home for any class.**

## 3031 The Roaring 20s

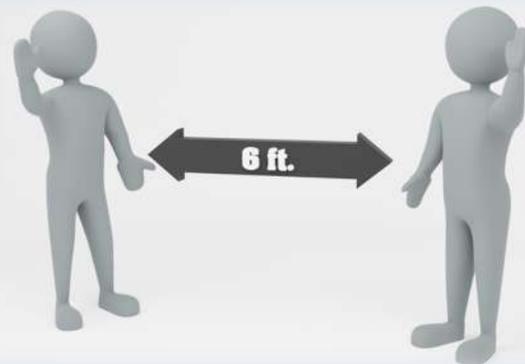
This class will provide an overview of the 1920s and some of the events that made the decade so notable. We will also examine a few of the eerie similarities to current events of the 2020s. There will be a discussion of the impact of technology and the huge changes to everyday life brought about by this era.

*John P. McMenamain taught history and government classes for over 40 years before retiring from Fairfax County Schools in Virginia in 2005. He moved to Mobile, Alabama where he was an adjunct instructor for 10 years before moving to Fairfield Glade. While teaching in VA he was awarded Teacher of the Year three times and Fairfax County Teacher Historian one year. While teaching at the University of South Alabama, he received "Top Professor" award in 2011.*



**Two sessions: Wednesdays, October 7, 14**  
**The Depot, 169 N Main St, Crossville**

**Time: 1:30-3:00 p.m.**  
**Class Size—Min: 6 Max: 20**



***Face masks and social distancing are required in all classes.***

***Thank you for your cooperation.***

**Due to the ever-changing COVID-19 situation, all classes are subject to change. Visit the online catalog at <https://roanestate.edu/CLL> for the latest information. Check your email before leaving home for any class.**

## LIFE EXPERIENCE AND SKILLS

### 3501 Dogs That Serve

A presenter with over 20 years' experience with professional dog training will explain and discuss the differences between 'titled' dogs, such as service dogs vs. therapy dogs. Finally, the federal government has issued official guidelines. The presenter will explain the differences between each title and legally what they mean to both the owner and non-dog owner's rights/privileges.



*JoAnne Poppie has been in some aspect of the dog business since childhood: training neighbors' dogs to do tricks, walking them, even bathing or brushing them. Her first paying job was with a veterinarian, then she worked for Animal Control, and eventually trained her first dog to compete professionally in the obedience ring. When Petsmart's first stores opened in the southwest suburbs of Chicago, she became their first obedience instructor, working there from 1994 until 2006, when she left to train privately in owners' homes. JoAnne was diagnosed with multiple sclerosis in 1993, and self-trained her own service dog at that time. While still training dogs for home obedience, she launched her service dog training business, and still does both today. There are very few questions she hasn't at least some experience with, and is at ease speaking to classes for the very young as well as older owners.*

**One session: Tuesday, October 13**  
**The Depot, 169 N Main St, Crossville**

**Time: 10:30 a.m.-12:00 p.m.**  
**Class Size—Min: 6 Max: 20**

***Please visit <https://roanestate.edu/CLL>  
to register for classes.  
(See page 3 of this catalog for more information.)***

***Due to limited class offerings and available seats, students may register for a  
MAXIMUM of three (3) classes in Fall 2020. Thank you for your cooperation.***

**Due to the ever-changing COVID-19 situation, all classes are subject to change.  
Visit the online catalog at <https://roanestate.edu/CLL> for the latest information.  
Check your email before leaving home for any class.**

## 3520 Standing Tall – Life Skills Using Horse Sense

The Standing Tall Program provides a safe and caring environment designed to nourish the physical, cognitive, emotional, and social health of at-risk youth in the community. In addition to the five-week course, we offer two-hour workshops for adults, individuals, and groups who are experiencing social or emotional issues. The program combines yoga, meditation, interactive life skills exercises, and horse-assisted activities to integrate body, mind and spirit. The life skills focus on:



- Communication, verbal, non-verbal, listening, and following directions.
- Relationships, trust, caring for self and others, assertiveness, and empathy.
- Teamwork, interpersonal skills, conflict resolution, problem solving, and critical thinking.
- Independence, self-awareness, self-confidence, and leadership skills.

*Michelle Salazar is the visionary and president of Standing Tall Life Skills Program, a 501(c)3 corporation. She retired from the Federal Bureau of Prisons, where she trained correctional workers and volunteers how to be safe working with inmates. Michelle is an owner of Wildwood Stable, a member of the Write Touch Inspirational Writer's Group, and the Fairfield Glade Rotary Club. She enjoys cooking, writing, painting, and working with children.*

*John Cannon is an owner of Wildwood Stable. He retired from the Federal Bureau of Prisons where he was an Associate Warden. John is a volunteer with Fairfield Glade Resident Services and is an Ombudsman with the Tennessee Long-Term Care Program. He shares his love of football as a coach with the Junior Jets football team. John is a member of the Write Touch Inspirational Writer's Group, and the Fairfield Glade Rotary Club.*

**Two sessions: Wednesdays, October 21, 28**

**Wildwood Stable, 1450 Westchester Dr., Crossville, TN 38558**

**Time: 10:00 a.m.-12:00 p.m.**

**Class Size—Min: 6 Max: 20**

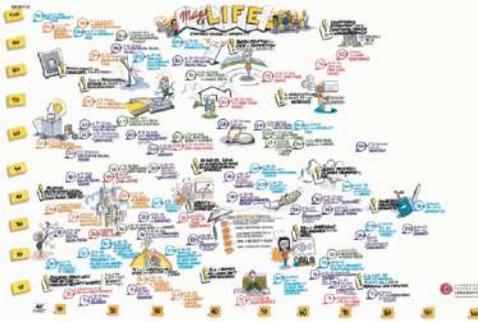
*The course content provided in these classes is for informational purposes only. CLL and its committee members provide no warranty about the content or accuracy of the subject matter presented. Information provided is subjective. As a student, you are advised to verify all relevant representations, statements, and information. If you need specific advice (i.e. medical, legal, or financial), please seek a professional licensed in that area, outside of the classroom setting.*

*Please contact CLL at [centerforlifelonglearning2020@gmail.com](mailto:centerforlifelonglearning2020@gmail.com) if you have any questions or concerns.*

**Due to the ever-changing COVID-19 situation, all classes are subject to change. Visit the online catalog at <https://roanestate.edu/CLL> for the latest information. Check your email before leaving home for any class.**

## MEDICINE AND HEALTH

### 4501 A New Map of Life



This course will explore the Stanford Center on Longevity's project to create a New Map of Life™ so that people can be mentally sharp, physically fit, and financially secure throughout century-long lives filled with belonging, purpose, and worth. We will view a video of a talk from Chautauqua 2019 where Laura Carstensen, Stanford University professor and founding director of the Stanford Center on Longevity, discusses the New Map of Life™ project and the reasons behind it. Class members will then discuss their thoughts on the project as well as the impact of expanded life expectancy.

*Having spent her entire career in Information Technology, Judy Wade had to constantly be learning new material as technology quickly changed. That was great because Judy's preferred career would have been to be a professional student. Judy has a degree in Quantitative Methods of Management from University of Memphis and a Masters Certificate from George Washington University in Information Technology Project Management. She earned the Project Management Professional (PMP) certification in 1994.*

**One session: Tuesday, October 27**  
**The Depot, 169 N Main St, Crossville**

**Time: 10:00-11:30 a.m.**  
**Class Size—Min: 6 Max: 20**

### CLASS ASSISTANTS NEEDED!

Please consider volunteering to be a class assistant for one or more classes. Responsibilities include taking attendance, assisting with audio-visual equipment (training provided), taking candid photos during the class, and distributing/collecting post-course survey forms.

If interested, please send an email with your name and phone number to:

[centerforlifelonglearning2020@gmail.com](mailto:centerforlifelonglearning2020@gmail.com)

**Due to the ever-changing COVID-19 situation, all classes are subject to change. Visit the online catalog at <https://roanestate.edu/CLL> for the latest information. Check your email before leaving home for any class.**

## 4502 Vitality: Today's Fountain of Youth

What exactly is living and embracing a life of vitality? Are there ways to bring more vitality into our lives? How do we raise and sustain the vitality we already have? How does feeling vital differ from feeling energetic? These are all valid questions. Yet, most of us have no idea how to raise our vitality levels. This presentation explores the five areas of vitality in our lives that must be addressed if we hope to sustain and build upon our life-enhancing vitality: physical, emotional, intellectual, social, and spiritual. This, my friends, is the fountain of youth that we have all been looking for!



*Glenn Baja is a passionate adventurer, nature and travel photographer, certified High-Performance Coach, personal trainer/group fitness instructor and founder of ThriveAfter50.com, a website whose theme is "Bold, Vibrant, Passionate Living." His mission is to help others express and discover their own direction and purpose in life.*

**One session: Wednesday, November 4**  
The Depot, 169 N Main St, Crossville

**Time: 11:00 a.m.-12:30 p.m.**  
**Class Size—Min: 6 Max: 20**

## 4504 Hometown Hospice 101



Do you have questions about what hospice does and when it is the right time to call them? In this class, a group of experienced hospice care providers will describe what hospice is, what sets it apart from other medical/support providers, what services are provided, and what the referral process looks like. There will also be a panel discussion, providing an opportunity for participants to get all their questions answered by the experts.

*Kendra Taylor will facilitate a panel of hospice medical providers from Hospice of Cumberland County. Kendra is the Emergency Planning and Volunteer Coordinator for Hospice of Cumberland County. She is a Licensed Master Social Worker who obtained her Masters of Science in Social Work at the University of Tennessee with a concentration in management, leadership, and community practice. Kendra feels blessed to be a member of the Hospice of Cumberland County team.*

**One session: Tuesday, October 6**  
The Depot, 169 N Main St, Crossville

**Time: 10:30 a.m.-12:00 p.m.**  
**Class Size—Min: 6 Max: 20**

**Due to the ever-changing COVID-19 situation, all classes are subject to change. Visit the online catalog at <https://roanestate.edu/CLL> for the latest information. Check your email before leaving home for any class.**

## -----OUTDOOR ADVENTURES-----

### 5262 Waterfalls and Other Secrets on the Cumberland Plateau

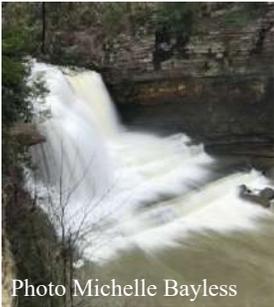


Photo Michelle Bayless

This presentation will highlight waterfalls, vistas, and structures on the Cumberland Plateau. It will include photos of these features, their location, and how to get to them with commentary on the degree of difficulty in visiting them. An introduction discussing the geological history of the Cumberland Plateau will also be provided.

*John Martin is trained as a physicist with a graduate degree from the California State University system. After completing graduate school, he began work with Northrop Grumman Corporation and worked for them for the next 40 years, with assignments in California, Illinois, and Maryland. John retired at the end of 2012 and he and his wife, Deborah, moved from Maryland to Tennessee with the idea of building a home someplace in the state. They lived in Nashville and Chattanooga before deciding to settle in Fairfield Glade. Once settled, they connected with two local hiking groups, Friends of the Trails and Tennessee Trails Association.*

*Due to anticipated demand, this class will be offered twice. Only register for ONE session. Thank you.*

**One session: Tuesday, October 13**

**OR Thursday, October 15**

**The Depot, 169 N Main St, Crossville**

**Time: 1:00-2:30 p.m.**

**Time: 10:00-11:30 a.m.**

**Class Size—Min: 6 Max: 20**

### USE OF PHOTOS AND VIDEOS

*CLL reserves the right to use photographs and/or videos taken in any CLL class or at any sponsored activity, without the expressed written consent of those included in the photograph/video. Photographs may be used in any CLL*

*publication, including but not limited to:*

*newsletters, brochures, course catalogs, emails, websites, Facebook pages, and/or other print or online media designed to help the organization meet its goals.*



**Due to the ever-changing COVID-19 situation, all classes are subject to change. Visit the online catalog at <https://roanestate.edu/CLL> for the latest information. Check your email before leaving home for any class.**

## -----SCIENCE & TECHNOLOGY-----

### 6532 Hurricanes 101



Hurricanes are the most powerful storms on Earth. In this course, you will learn how and why these storms develop. We will also discuss why most storms spin harmlessly out to sea, while others become land-falling natural disasters.

*Mark Baldwin earned his bachelor's degree in journalism from Tennessee Tech in 2003. He then earned his master's in meteorology from Western Kentucky University and immediately went to work for the Tennessee Emergency Management Agency in Nashville. After a few years there, he accepted a teaching position at Mississippi State University, where he taught for several years. He then moved back home to work for weatherTAP in downtown Crossville.*

**One session: Wednesday, October 7**  
The Depot, 169 N Main St, Crossville

**Time: 10:30 a.m.-12:00 p.m.**  
**Class Size—Min: 6 Max: 20**

### 6533 Significant Winter Storms of the Upper Cumberland

In this course we will investigate some of the most disastrous winter storms of our Upper Cumberland region. We will discuss the ingredients necessary for these storms, and how the geography of the plateau influences these systems.

*See bio for Mark Baldwin above.*

**One session: Wednesday, November 4**  
The Depot, 169 N Main St, Crossville



**Time: 2:00-3:30 p.m.**  
**Class Size—Min: 6 Max: 20**

Questions? Email [centerforlifelonglearning2020@gmail.com](mailto:centerforlifelonglearning2020@gmail.com)

**Due to the ever-changing COVID-19 situation, all classes are subject to change. Visit the online catalog at <https://roanestate.edu/CLL> for the latest information. Check your email before leaving home for any class.**

## SOCIAL SCIENCES AND ECONOMICS

### 7001 Introduction to the Criminal Justice System

The first session provides an overview of the criminal justice system and describes the environment in which specific agencies carry out their tasks. The second session covers the history of law enforcement in the United States, including its origins in Great Britain; discusses the range of police services offered at federal, state, and local levels; and analyzes developing trends with regard to delivery of these services.



*Chief Mike Williams is a veteran of the United States Marine Corps and has been in law enforcement for over 20 years. Chief Williams has served with the Robertson County Sheriff's Office, the Tennessee Highway Patrol, and as the Chief of the Fairfield Glade Police Department. He holds a Bachelor of Science in Criminal Justice and is a graduate of Northwestern University Police and Staff Command.*

**Two sessions: Thursday, October 8, Friday, October 9**  
**The Depot, 169 N Main St, Crossville**

**Time: 3:00-4:30 p.m.**  
**Class Size—Min: 6 Max: 20**

### Who Are the Class Presenters at CLL?

The retired Navy pilot in your neighborhood, a doctor from the local hospital, a home cook passionate about Chinese food, someone who loves to play card games, and just maybe **you**, too.

All presenters are volunteers who have discovered the joy of sharing their knowledge in a meaningful and fulfilling way.

Please email [centerforlifelonglearning2020@gmail.com](mailto:centerforlifelonglearning2020@gmail.com) if you'd like to consider sharing your passion or life experiences to further expand our course offerings.

**Due to the ever-changing COVID-19 situation, all classes are subject to change. Visit the online catalog at <https://roanestate.edu/CLL> for the latest information. Check your email before leaving home for any class.**

# Center for Lifelong Learning

2567 Cook Road  
Crossville, TN 38571

<https://roanestate.edu/CLL>  
[centerforlifelonglearning2020@gmail.com](mailto:centerforlifelonglearning2020@gmail.com)

## Board of Directors

Russ Schubert, President  
Kathy Wheale, Vice President  
Judy Wade, Secretary  
John Conrad, Treasurer  
Holly Hanson, Director-at-Large

## Curriculum Committee

Judy Wade, Chair  
Peggy Gleason  
Holly Hanson  
Don Hazel  
Nancy Mansfield

## Management Team

Michelle Bayless  
Sue Ginter  
Shari Hahn  
Nancy Mansfield  
Patty Meaney  
Jackie Wakefield

## RSCC Crossville Campus

Holly Hanson, Director  
Allison Brendel  
Bonnie Moedano  
Stan Tabor

## Catalog Editor

Michelle Bayless

A tremendous thank you to all of the volunteer registration coordinators and class assistants who are making it possible to bring together eager students with talented presenters.

*Graphics obtained from internet resources under Creative Commons licensing unless noted.  
Cover photos courtesy of CLL volunteers.*

We are deeply grateful to The Depot for opening their facility to CLL and hosting our Fall 2020 classes.